What is in this leaflet

This leaflet answers some common questions about Pyroxin.
It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.
All medicines have risks and benefits. Your doctor or pharmacist has weighed the risks of you taking this medicine against the benefits they expect it will have for you.
If you have any concerns about taking this medicine, ask your doctor or pharmacist.
Keep this leaflet with the medicine. You may need to read it again.

What Pyroxin is used for

Pyroxin is an essential vitamin from the Vitamin B group of vitamins, which are involved in many important chemical pathways in your body.

Pyroxin contains the active ingredient pyridoxine hydrochloride (Vitamin B6).

Pyroxin may be recommended for use in the following conditions:
- Pregnancy (to help with the nausea and vomiting)
- premenstrual syndrome (PMS)
- radiation sickness
- alcoholism
- some enzyme deficiency diseases
- low red blood cell numbers
- helping treat some of the symptoms associated with the oral contraceptive pill

Ask your doctor or pharmacist if you have any questions about why it has been recommended for you.
There is no evidence that this medicine is addictive.

Before you take it

Do not take Pyroxin if you are allergic to it or any of the ingredients listed at the end of this leaflet.
Some symptoms of an allergic reaction include skin rash, itching, shortness of breath or swelling of the face, lips or tongue, which may cause difficulty in swallowing or breathing.

Do not take it after the expiry date (EXP) printed on the pack.
If you take it after the expiry date has passed, it may not work as well.

Do not take it if the packaging is damaged or shows signs of tampering.

Before you start to take it

Tell your doctor or pharmacist if you have allergies to:
- any of the ingredients listed at the end of this leaflet
- any other substances, such as foods, preservatives or dyes.

Tell your doctor or pharmacist if you are pregnant or intend to become pregnant.

Tell your doctor or pharmacist if you are breastfeeding or planning to breastfeed.

Tell your doctor or pharmacist if you plan to have surgery.

If you have not told your doctor or pharmacist about any of the above, tell them before you take Pyroxin.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food store.

Some medicines may interfere with Pyroxin. These include:
- Levodopa a medicine used to treat Parkinsons disease.

This medicines may be affected by Pyroxin, or may affect how well it works. You may need to use different amounts of your medicine, or take different medicines. Your doctor or pharmacist will advise you.

Your doctor or pharmacist has more information on medicines to be careful with or to avoid while taking Pyroxin.

How to take it

How much to take

The standard dose for this medicine is 25 to 200 mg per day.

For premenstrual syndrome, Pyroxin tablets should be taken daily for the number of days the symptoms occur before the period.

Your doctor may have recommended a different dose.

Ask your doctor or pharmacist if you are unsure of the correct dose for you.

They will tell you exactly how much to take.
Follow the instructions they give you. If you take the wrong dose, Pyroxin may not work as well and your problem may not improve.

**How to take it**

Swallow the tablets with a glass of water or other liquid.

**When to take it**

Take Pyroxin at about the same time each day. Taking your tablets at the same time each day will have the best effect. It will also help you remember when to take the tablets. It does not matter if you take Pyroxin before or after food.

If you are not sure when to take it, ask your doctor or pharmacist.

**How long to take it**

Continue taking your medicine for as long as your doctor or pharmacist tells you. The medicine helps control your condition, but it does not cure it. Therefore, you must take it every day.

Continue taking the tablets until you finish the pack or until your doctor or pharmacist tells you to stop.

Do not take the tablets for longer than your doctor or pharmacist has recommended.

This product contains pyridoxine which may be dangerous used in large amounts or for a long time.

Ask your doctor or pharmacist if you are not sure how long to take the medicine for.

If you forget to take it

Take it as soon as you remember, and then go back to taking it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take the next dose when you are meant to.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering when to take your medicine, ask your pharmacist for hints.

**If you take too much (overdose)**

Immediately telephone your doctor, or the Poisons Information Centre (telephone Australia 13 11 26 or New Zealand 0800 POISON or 0800 764766), or go to Accident and Emergency at your nearest hospital, if you think you or anyone else may have taken too much Pyroxin.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

If you take too much Pyroxin, you may experience numbness or muscle weakness.

Do not use this medicine to treat any other complaints unless your doctor or pharmacist tells you to.

Do not stop taking Pyroxin, or lower the dosage, without checking with your doctor or pharmacist.

Do not stop taking your tablets because you are feeling better, unless advised by your doctor or pharmacist.

**Side effects**

All medicines have some unwanted side effects. Sometimes they are serious, but most of the time they are not. Your doctor or pharmacist has weighed the risks of using this medicine against the benefits they expect it will have for you.

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Pyroxin. It helps most people with condition, but it may have unwanted side effects in a few people.

If any of the following happen, stop taking this medicine and tell your doctor immediately:

- tingling
- burning
- numbness

If any of the following happen, stop taking this medicine and tell your doctor immediately, or go to Accident and Emergency at your nearest hospital:

- swelling of the face, lips, mouth or throat, which may cause difficulty in swallowing or breathing.
- hives
- fainting

These are very serious side effects. If you have them, you may have had a serious allergic reaction to Pyroxin. You may need urgent medical attention or hospitalisation.

These side effects are very rare.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may occur in some people.
Do not be alarmed by this list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

After taking it
If you have any queries about any aspect of your medicine, or any questions regarding the information in this leaflet, discuss them with your doctor or pharmacist.

Storage
Keep your tablets in the bottle until it is time to take them. If you take the tablets out of the bottle they may not keep well.

Keep the medicine in a cool, dry place where the temperature stays below 30°C.

Do not store it or any other medicine in the bathroom, near a sink, or on a windowsill.

Do not leave it in the car. Heat and damp can destroy some medicines.

Keep it where children cannot reach it.
A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal
If your doctor or pharmacist tells you to stop taking Pyroxin, or the medicine has passed its expiry date, ask your pharmacist what to do with any that are left over.
Return any unused medicine to your pharmacist.

Product description

What it looks like
Pyroxin comes in two types of tablets:
- Pyroxin 25 mg - white, round, tablet
- Pyroxin 100 mg – white, round breakable tablet.
The 25 mg strength is available in a bottle of 100 tablets.
The 100 mg strength is available in a bottle of 50 tablets.

Ingredients
Active Ingredient:
- Pyroxin 25 mg – 25 mg pyridoxine hydrochloride per tablet
- Pyroxin 100 mg – 100 mg pyridoxine hydrochloride per tablet.
Inactive Ingredients:
- starch - wheat
- lactose
- povidone
- magnesium stearate
Pyroxin contains gluten.
Pyroxin does not contain sucrose, tartrazine or any other azo dyes.

Manufacturer/Sponsor
Pyroxin is made in Australia.
Pyroxin is supplied in Australia by:
sanofi-aventis australia pty ltd
12-24 Talavera Road
Macquarie Park NSW 2113

This leaflet was prepared in August 2008.

Australian Register Number(s)
- 25 mg tablets: AUST L 27530
- 100mg tablets: AUST L 27527

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